

**CLASSIFICAÇÃO CIRCUITO VALONGO 2017**  
**TOP 3**



| RK              | RKCat | Nome                               | Equipa                                      | Cat     | Ponto     | DN         | Pontos Paleozoico | Tempo Paleozoico | Pontos 4caminhos | Tempo 4caminhos | Pontos Stalusta | Tempo Stalusta | Pontos Trail Not. Valongo | Tempos Trail Not. Valongo | Pontos Quinta Arcas | Tempos Quinta Arcas | Provas |
|-----------------|-------|------------------------------------|---|---------|-----------|------------|-------------------|------------------|------------------|-----------------|-----------------|----------------|---------------------------|---------------------------|---------------------|---------------------|--------|
| <b>F40</b>      |       |                                    |   |         |           |            |                   |                  |                  |                 |                 |                |                           |                           |                     |                     |        |
|                 | 22    | 1 Paula Oliveira                   | Sporting Clube de Espinho                   | F40     | 1970      | 01/02/1971 | 592               | 03:45:02         | 640              | 04:15:54        |                 |                |                           |                           | 738                 | 02:50:46            | 3      |
|                 | 30    | 2 Elisabete Santos                 | TEAM LANTEMIL                               | F40     | 1840      | 14/06/1974 | 857               | 02:35:27         |                  |                 | 983             | 03:54:31       |                           |                           |                     |                     | 2      |
|                 | 43    | 3 Alexandra Padilha                | Moura & Dias                                | F40     | 1735      | 04/04/1973 |                   |                  |                  |                 | 799             | 04:48:30       | 936                       | 02:26:44                  |                     |                     | 2      |
| <b>F50</b>      |       |                                    |   |         |           |            |                   |                  |                  |                 |                 |                |                           |                           |                     |                     |        |
|                 | 2     | 1 Maria Iracema Costa              | Individual                                  | F50     | 2511      | 26/05/1967 |                   | 03:36:45         | 726              | 03:45:46        |                 | 05:22:07       | 871                       | 02:37:43                  | 914                 | 02:17:57            | 5      |
|                 | 3     | 2 Fátima Vieira                    | Somos Nós Team                              | F50     | 2473      | 06/12/1966 |                   | 03:22:08         | 738              | 03:42:03        |                 | 05:15:52       | 849                       | 02:41:49                  | 886                 | 02:22:20            | 5      |
|                 | 34    | 3 Alexandra Fernandes              | Individual                                  | F50     | 1802      | 22/09/1967 | 865               | 02:33:59         |                  |                 | 937             | 04:05:57       |                           |                           |                     |                     | 2      |
| <b>F60</b>      |       |                                    |   |         |           |            |                   |                  |                  |                 |                 |                |                           |                           |                     |                     |        |
|                 | 913   | 1 Fernanda Esteves                 | Cerveira Team Running/Clube Celtas do Minho | F60     | 586       | 14/06/1955 | 586               | 03:47:16         |                  |                 |                 |                |                           |                           |                     |                     | 1      |
| <b>SEN FEM</b>  |       |                                    |   |         |           |            |                   |                  |                  |                 |                 |                |                           |                           |                     |                     |        |
|                 | 12    | 1 Solange Sousa                    | Individual                                  | FSenior | 2228      | 15/09/1979 | 674               | 03:17:43         |                  |                 | 728             | 05:16:38       |                           |                           | 826                 | 02:32:39            | 3      |
|                 | 21    | 2 Fernanda Machado                 | Aliança De Gandra                           | FSenior | 1983      | 10/03/1983 |                   |                  |                  |                 |                 |                | 1000                      | 02:17:25                  | 983                 | 02:08:14            | 2      |
|                 | 26    | 3 Raquel Campos                    | Individual                                  | FSenior | 1909      | 15/10/1983 |                   |                  | 1000             | 02:44:01        | 909             | 04:13:37       |                           |                           |                     |                     | 2      |
| <b>M40</b>      |       |                                    |   |         |           |            |                   |                  |                  |                 |                 |                |                           |                           |                     |                     |        |
|                 | 11    | 1 Miguel Moura                     | Factor X / S4I / Medense Fc                 | M40     | 2240      | 19/06/1973 | 652               | 02:43:59         |                  |                 |                 | 04:52:47       | 805                       | 02:01:33                  | 783                 | 01:55:52            | 4      |
|                 | 15    | 2 samuel soares                    | samsys                                      | M40     | 2134      | 02/04/1975 | 674               | 02:38:43         | 724              | 02:55:44        |                 |                |                           |                           | 736                 | 02:03:20            | 3      |
|                 | 16    | 3 Sergio Gomes                     | Trinca Orelhas de Gato                      | M40     | 2110      | 22/12/1975 | 677               | 02:37:56         | 713              | 02:58:25        |                 | 04:29:43       |                           |                           | 720                 | 02:06:00            | 4      |
| <b>M50</b>      |       |                                    |   |         |           |            |                   |                  |                  |                 |                 |                |                           |                           |                     |                     |        |
|                 | 4     | 1 Jorge Moreira                    | Amigos Do Pedal Trailagares                 | M50     | 2457      | 15/03/1967 | 813               | 02:11:28         |                  |                 | 736             | 03:45:31       | 908                       | 01:47:43                  |                     |                     | 3      |
|                 | 17    | 2 José Mesquita                    | Individual                                  | M50     | 2038      | 20/01/1967 | 686               | 02:35:56         | 646              | 03:17:01        |                 |                | 706                       | 02:18:32                  |                     |                     | 3      |
|                 | 33    | 3 Belmiro Ferreira                 | GD Leões da Guarda                          | M50     | 1804      | 30/11/1964 |                   |                  |                  |                 | 841             | 03:17:27       |                           |                           | 963                 | 01:34:17            | 2      |
| <b>M60</b>      |       |                                    |   |         |           |            |                   |                  |                  |                 |                 |                |                           |                           |                     |                     |        |
|                 | 28    | 1 Lino Moreira                     | Os TurboMula                                | M60     | 1879      | 18/04/1954 | 597               | 02:59:13         | 624              | 03:23:57        |                 |                |                           |                           | 658                 | 02:17:51            | 3      |
|                 | 62    | 2 António Rocha                    | Factor X / S4L / Medense FC                 | M60     | 1560      | 15/09/1956 | 747               | 02:23:04         |                  |                 |                 |                |                           |                           | 813                 | 01:51:39            | 2      |
|                 | 131   | 3 José Gomes                       | Individual                                  | M60     | 1258      | 14/12/1949 |                   |                  | 626              | 03:23:07        |                 |                | 632                       | 02:34:48                  |                     |                     | 2      |
| <b>SEM MASC</b> |       |                                    |   |         |           |            |                   |                  |                  |                 |                 |                |                           |                           |                     |                     |        |
|                 | 1     | 1 Fabio Pinto                      | Satecnosol Outdoor - La Sportiva            | MSenior | 2727      | 12/11/1983 | 901               | 01:58:38         | 945              | 02:14:41        | 881             | 03:08:19       |                           |                           |                     |                     | 3      |
|                 | 2     | 2 Ivo Peko                         | Gaia Trail                                  | MSenior | 2573      | 25/11/1985 | 884               | 02:01:01         |                  |                 |                 |                | 803                       | 02:01:50                  | 886                 | 01:42:25            | 3      |
|                 | 6     | 3 Nelson Teixeira                  | Crocodilos / Misterpc                       | MSenior | 2418      | 09/09/1984 |                   |                  | 802              | 02:38:43        | 725             | 03:48:57       | 891                       | 01:49:49                  |                     |                     | 3      |
| <b>EQUIPAS</b>  |       |                                    |   |         |           |            |                   |                  |                  |                 |                 |                |                           |                           |                     |                     |        |
|                 | 1     | 1 Gaia Trail                       | 2+9+21                                      |         | 32 Pontos |            |                   |                  |                  |                 |                 |                |                           |                           |                     |                     |        |
|                 | 2     | 2 Oralklass-Amigos Do Trail        | 7+26+39                                     |         | 72 Pontos |            |                   |                  |                  |                 |                 |                |                           |                           |                     |                     |        |
|                 | 3     | 3 Satecnosol Outdoor - La Sportiva | 1+24+60                                     |         | 85 Pontos |            |                   |                  |                  |                 |                 |                |                           |                           |                     |                     |        |